



DIAGNOSTIC IMAGING DEPARTMENT

Patient Preparation for Pelvic & Obstetrical Ultrasound

Your doctor has requested that you have an ultrasound examination.

During the examination a water soluble gel will be applied to your skin and an ultrasound transducer will be placed in direct contact with your skin.

It is essential that your bladder be full to visualize the pelvic structures and organs.

Therefore, **90 minutes before the examination –**

1. Empty your bladder
2. Drink (4) 1.5 litres or (10) ounces of **WATER, JUICE, COFFEE OR TEA**

You must finish drinking all of the water (1) hour prior to your examination. If you become extremely uncomfortable you may empty your bladder a little.

Appointment Date/Time _____

May, 2010