

DIAGNOSTIC IMAGING DEPARTMENT

Patient Preparation for <u>Abdomen, Gallbladder, Liver and Pancreas, Aorta,</u> <u>Kidneys or Spleen Ultrasound</u>

Your doctor has requested that you have an ultrasound examination.

During the examination a water soluble gel will be applied to your skin and an ultrasound transducer will be placed in direct contact with your skin.

To prepare yourself for the examination avoid gas producing foods such as beans and carbonated beverages for 24 hours prior to the examination.

DO NOT EAT OR DRINK ANYTHING FOR 12 HOURS BEFORE THE EXAMINATION.

As well, refrain from smoking for 12 hours prior to the examination.

Appointment Date/Time _____

May, 2010