



DIAGNOSTIC IMAGING DEPARTMENT

Patient Preparation for **Abdomen & Pelvic Combination Ultrasound**

Your doctor has requested that you have an ultrasound examination.

During the examination a water soluble gel will be applied to your skin and an ultrasound transducer will be placed in direct contact with your skin.

To prepare yourself for the examination avoid gas producing foods such as beans and carbonated beverages for 24 hours prior to the examination.

DO NOT EAT ANYTHING FOR 12 HOURS BEFORE THE EXAMINATION.

It is essential that your bladder be full to visualize the pelvic structures and organs.

Therefore, **90 minutes before the examination –**

1. Empty your bladder
2. Drink (4) ten ounce glasses of **WATER** only

You must finish drinking all of the water (1) hour prior to your examination. If you become extremely uncomfortable you may empty your bladder a little.

Appointment Date/Time _____

May 2010